



# Chatsworth Infant School and Burnt Oak Junior School PSHCE Long Term Plan 2023-24



	Autumn 1		Autumn 2:	Spring 1	Spring 2:	Summer 1	Summer 2:
<b>Rec</b>	Unit 1014-BBF Myself and my relationships 1: <b>Beginning &amp; Belonging</b>	<b>Anti-Bullying Week</b>	Citizenship 1: CIT1IDF: <b>Identities &amp; diversity</b>	Unit CIT2MWF- Citizenship 2 <b>Me &amp; my world</b>	Myself + My relationships 3:MMR3MEF <b>Me &amp; my emotions</b>	Units 1025-HLF Healthier and safer lifestyles 3: <b>Healthy lifestyles</b>	HSL1BGF Healthier and safer lifestyles 1: <b>My body &amp; growing up</b>
<b>Year 1</b>	Units 1006-BB12 Myself and my relationships(4) <b>Beginning &amp; belonging</b>		MMR5ME12Myself and my relationships(5) <b>My emotions</b>	HSL4MR12 Healthy and safer lifestyles (4)- <b>Managing Safety &amp; Risk</b>	Units CIT3WT12- Citizenship (3) <b>Working together</b>	HSL5 SC12 Healthy and safe lifestyles(5) <b>Managing Safety &amp; Risk</b>	Healthy and safer lifestyles (6)- HSL6SR1 <b>Sex &amp; relationships</b>
<b>Year 2</b>	Units 1022-FF12 Myself and my relationships(6) <b>Family &amp; Friends</b>		Citizenship 5 CIT5RR12 <b>Rights, rules &amp; responsibilities</b>	1026-DC12 Citizenship(4) <b>Diversity and communities</b>	Healthy and safe lifestyles(9) HSL9 PS12 <b>Personal safety</b>	Myself and my relationships(8) MMR8MC12 <b>Managing change</b>	Healthy and safer lifestyles (10)- HSL10SR2 <b>Sex and relationships</b> Healthy and safer lifestyles(8) HSL8DE12 <b>Drug education</b>
<b>Year 3</b>	Myself and my relationships(6) 1010BB34 <b>Beginning &amp; belonging</b>		Myself and my relationships (10) MMR10 ME34 <b>My emotions</b>	Citizenship 8 CIT8RR34- <b>Rights, rules &amp; responsibilities</b>	Citizenship 6 CIT6WT34 – <b>Working together</b>	Healthy and safe lifestyles 12 HSL12SC34 <b>Managing Safety &amp; Risk</b>	Healthy and safer lifestyles (13)- HSL13SR3 <b>Sex &amp; relationships</b>
<b>Year 4</b>	Myself and my relationships(11) MMR11FF34 <b>Family &amp; friends</b>		Healthy and safer lifestyles (13)- HSL13SR3 <b>Sex &amp; relationships</b> (personal hygiene)	Healthy and safer lifestyles(15) HSL15DE34 <b>Drug education</b>	Citizenship 7 CIT7DC34 <b>Diversity &amp; communities</b>	Healthy and safer lifestyles (16)- HSL16PS34 <b>Personal safety</b>	Healthy and safer lifestyles (17)- HSL17SR4 <b>Sex &amp; relationships</b>
<b>Year 5</b>	Citizenship 11 CIT11RR56 <b>Rights, rules &amp; responsibilities</b>		Myself and my relationships(14) MMR14BB56 <b>Beginning &amp; belonging</b>	Myself and my relationships(15) MMR15ME56 <b>My emotions</b>	Citizenship 10 CIT10DC56 <b>Working together</b>	Myself and my relationships(18) MMR18MC56 <b>Managing change</b>	Healthy and safer lifestyles (20)- HSL20SR5 <b>Sex &amp; relationships</b>
<b>Year 6</b>	Healthy and safer lifestyles(22) HSL22DE56 <b>Drug education</b>		Healthy and safer lifestyles 23 HSL23PS56 - <b>Personal safety</b>	Economic wellbeing 3 EW3FC56 <b>Financial capability</b>	Myself and my relationships – Enhancement Unit ENRBI56 - <b>Body image</b>	Citizenship 10 CIT10DC56 <b>Diversity &amp; communities</b>	Healthy and safer lifestyles (24)- HSL24SR6 <b>Sex &amp; relationships</b>